



Fit 5 – An Individual Spiritual Inventory

On a 1-5 scale, how true is each statement currently in your life?

1 – Not true 2 – Slightly true 3 – Partially true 4 – Mostly true 5 – Absolutely true

1) Growing in Your Relationship with God

- a. I love and am more committed to Jesus today than at any other time in my life. _____
- b. I regularly spend time alone with God in worship, prayer and in the Scriptures. _____
- c. I have personally experienced and am convinced of how much God loves me. _____
- d. I make it a practice to listen to and obey God's voice in my daily life. _____

2) Yielding Daily to the Lordship of Jesus

- a. I have fully yielded to God and trust Him with every aspect of my life. _____
- b. I am consistently letting go of my agenda to fully embrace God's. _____
- c. I have surrendered my family, finances, vocation and dreams to do God's will. _____
- d. I trust God and give Him thanks in the midst of hardship and suffering. _____

3) Engaging in Spiritual Development

- a. I am currently being deliberately discipled by a further-along follower of Jesus. _____
- b. I have a plan from the Lord on where He wants me to grow/develop this year. _____
- c. I am purposely addressing sin, stuck places and past baggage in my life. _____
- d. I am maturing in godly character, living more like Jesus this year than last. _____

4) Connecting to Christian Community

- a. I am walking in transparency with a small group of people who really know me. _____
- b. I am open to let others speak in to my life, even when it's hard to hear. _____
- c. I bear the burden and look to serve those I see in genuine need around me. _____
- d. I do everything I can to reconcile with those I'm in conflict with. _____

5) Advancing Jesus' Kingdom

- a. I make seeking first the Kingdom of God a daily reference point. _____
- b. I am engaged in sharing my faith with others and making disciples for Jesus. _____
- c. I am actively serving in my church and impacting my domain of society. _____
- d. I am on pace to fulfill my life calling and glorify God by finishing well. _____

TOTAL _____