

Promises Not Panic Day 17 4/7/2020

Psa 63:6 When I remember You on my bed, I meditate on You in the night watches.

Interesting- the thirsty start their day early by personally and passionately seeking God and they end their day by pondering Him on their bed, divine bookends to the day!

Also- what keeps others awake at night worrying about problems, the passionate and insatiable see as an opportunity to remember and meditate on God!

Q. What does the passionate follower remember and meditate on in the night?

A. *The situation defines the meditation! What you're going through needs to define what you're remembering and meditating on.*

Q. What's David's situation?

A. Fleeing Absalom, Ahithophel, 20k soldiers, alone in the Judean desert...

Psa 63:7 Because You have been my help, therefore in the shadow of Your wings I will rejoice.

Important- David is remembering and meditating on how God has been his help in times past.

a) Lions, bears, giants, kings, armies, spies, informants, usurpers, deceivers...

Because... right now he is facing Absalom, Ahithophel, 20k soldiers, alone in Judean desert.

Friend- *let your situation define your meditation! Make sure your problem finds God's promise! Remembering God's past faithfulness helps quiet today's fears.*

Beloved- remembering isn't just a mental exercise, it's a spiritual discipline.

a) remember you were slaves in Egypt- repeatedly in OT, faithfulness, power, deliverance, provision, miracles etc.

b) **1Ch 16:12,15**- Remember His marvelous works which He has done, His wonders, and the judgments of His mouth, remember His covenant forever, the word which He commanded, for a thousand generations...

c) **"Communion with God while in trouble is the sure pledge of deliverance."** E.W. Hengetenburg

Listen- you are still standing today because God saw you through yesterday, when you think of your yesterdays- He has brought you a long way- that's not stopping because Gods not quitting on you.

Then- allow those remembrances and meditations to be turned into praise and worship, rejoicing under the shadow of God's protective wings.

Communion-

Prayer-

Share-

Notes-